



# MINUTES

Women's Advisory Committee

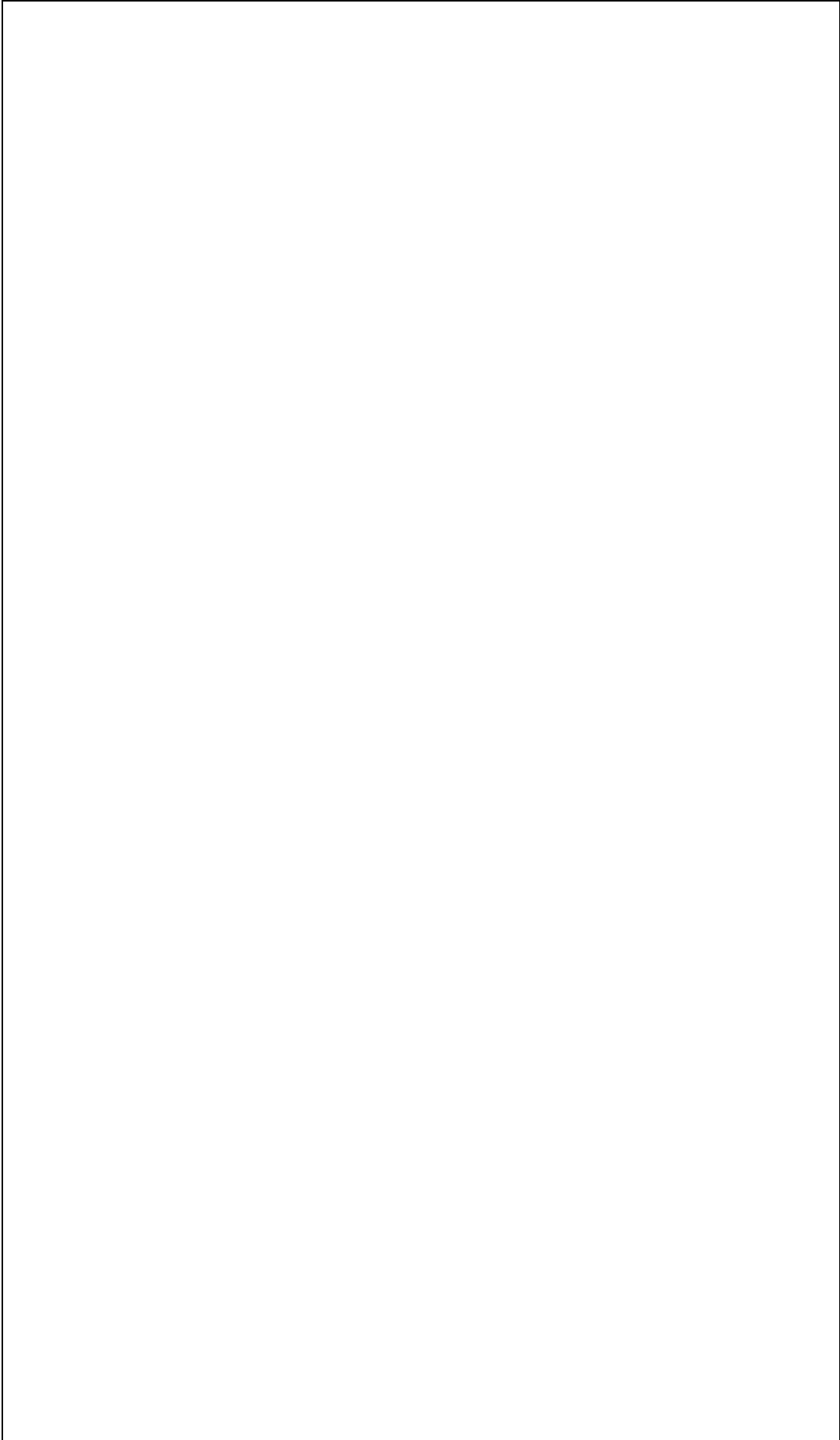
held at

Council Administration Centre  
Committee Room  
180 Mort Street, Lithgow

on

Tuesday 19 November 2019

at 4:30 pm





# ORDER OF BUSINESS

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## 1. Present:

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Councillor Cassandra Coleman; Tenelle Evans; Glenda Anthes; Rachel Nicol; Leanne Hopkins; Leanne Walding; Allyn Jory; Sue Murdoch; Kerrie Lovegrove; Margaret Hart

Sally Hall as staff representative

Meeting Opened 4.38 pm

## 2. Apologies

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Alison Kim; Hippy Curran

## 3. Confirmation of Minutes

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Nil minutes from previous meeting to confirm

## 4. Declaration of Interest

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Nil

## 5. Presentations

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## 6. Staff Reports

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### 6.1. Empowerment Working Group

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#### Attachment 1 -

Empowerment Group. (Tenelle Evans; Glenda Anthes; Rae Burton)

Objectives:

1. Interpersonal communication skills
2. Personal Finance Skills
3. Resilience
4. Conflict Resolution skills
5. Mindset techniques

Community Consultation – a survey has been completed via social media. Results indicated an interest and concerns with personal finance, health and wellbeing.

The Empowerment Group wish to initiate a community mentorship program that is free for the community to attend and allow women to gain independence via presentations, teachings in interpersonal skills and confidence building to achieve the groups objectives;

The working group will seek support from local business for the workshops and presentations, they request use of the UWS building on Mort Street to hold these events.

#### Recommendation to Council

WAC seeks support from Council in gaining use of the UWS building to run workshops built around awareness and mindfulness to achieve empowerment for members.

## 6.2. Family and Community Relationships Working Group

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### Attachment 2 – Proposal – Your Safe Haven

Nil

Family and Community Relationships Working Group – (Sue Murdoch; Kerrie Lovegrove; Margaret Hart)

Objectives:

- Connection into the community.
- They want to connect chat and support.

Initial event that will follow onto a monthly meeting to be held either at Lithgow PCYC (includes cost of membership) or collaboration with Bowenfels Community Hub (i.e. use of space) for children in need within the community. Use of Lithgow community garden is also an event option.

Liz Bastian is willing to assist with presentations, workshops and talks. Liz has a permaculture group that can assist with our projects. The working group will continue to apply for funding through Community Grants.

### Recommendation

That Council assist with the costs of a morning tea to launch “Your Safe Haven”.

## 6.3. Service Advocacy Working Group

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### Attachment 3 – Advocacy for Service Delivery

Nil

Service Advocacy Working Group – (Allyn Jory; Leanne Hopkins)

Objectives:

- Identify gaps in services and advocate for service delivery in our LGA women’s health and well-being space.
- Establish a women’s wellbeing centre possibly through LINC.

### Recommendation

That Lithgow City Council approach NSW Health to fund a holistic women’s health and wellbeing centre in Lithgow.

## 6.4. Skills Building Working Group

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### Attachments 4 Presentation

Nil

Skill Building Workshop Group. (Rachel Nicol; Margaret Hart and Leanne Walding.)

Objectives:

1. Define skills
2. Prepare to get people to get a job
3. Personal skills

Community consultation – survey completed in Portland and Bowenfels areas. Results indicated a larger interest in social connection and life skills.

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The Bowenfels Community Hub – (134 Landa Street Lithgow) will accommodate events, i.e.:

- Community provider education workshops
- Morning tea (monthly)
- Life skill workshops

### **Recommendation**

That the Women's Advisory Committee seeks funding to support the launch of morning teas to entice people into the Bowenfels Community Hub to increase social inclusion and connectedness.

Presentation Attached.

## **6.5. Structure of Working Groups**

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### **Attachments**

Nil

Committee agreed to consult on this agenda item via email and be minuted for the next meeting.

## **6.6. International Women's Day**

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### **Attachments**

Nil

Committee agreed to consult on this agenda item via email and be minuted for the next meeting.

## **6.7. Meeting Dates for 2020**

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### **Attachments**

Nil

Committee agreed to consult on this agenda item via email and be minuted for the next meeting.

## **7. General Business**

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**Meeting Closed 5.35 pm**