

Lithgow Women's Advisory Committee - Family and Community Relationships

Proposal – Your Safe Haven.

Our purpose -

Focusing on an all-inclusive safe, friendly, inviting environment, where we provide support, encouragement, and inclusion, to all community members needing somewhere and someone to connect with for social connection and self-worth.

What are our outcomes -

- Social Inclusion – Building Relationships – Enhancing Personal Abilities & Strengths –
- Empowerment Through Knowledge and Information – Diversity –
- Resilience & Confidence – Access to Networking Connections for Local Supports –
- ...and so much more...

What will we provide –

An initial Open Day meet & greet get-together.

- BBQ, refreshments, music, arts & crafts activities, market stalls, guest speakers, etc.
- showcasing a taste of what we can provide and hope to achieve.

We will set up monthly get-togethers, with refreshments, support connections, planned activities & events, such as - sewing, gardening, cooking, sensory activities, arts/crafts/painting, music jam sessions, etc, the options are endless.

with a focused on the suggestions & needs of our community members, as we're able to source and provide for them.

How will we do it -

Gain collaboration with already established community venues, sourcing what and how we can to assist each other.

Arranging an open invitation to all community members, to come along and join us with the ever growing range of activity options.

Focusing on an all-inclusive environment, while supporting those less fortunate, isolated, struggling with many aspects, such as mental health and disabilities, to become an active part of this great initiative.

Once set up we hope to arrange and include regular market days, with provisions for fundraising to regenerate funds required to self-sustain our venture.

Who/What may be involved –

PCYC Lithgow

- Contact with Dane Walker has confirmed support and assistance
- Will process a MoU (Memorandum of Understanding) as required
- Agreed to secure access to venue,
- insurance coverage,
- Volunteer status to all working party members
- Possibility of access to their bus for transport option

LithGrow Community Garden

- Supporting links and access to garden area.
- Co-facilitating with their committee around any related activities.

Lithgow Bowenfels Community Hub

- Contact with Leanne Walding regarding access to this space
- Leanne is with the Skills Building committee
- We can join our two ventures together in the one space as an alternate option
- This will forgo membership fees of PCYC, cutting back costs outlay from any participants
- Will process a MoU as a working partnership, to cover necessary requirements including insurance, etc

Lithgow Nanna's Touch ASD Support

- Co-facilitating craft activities and sewing classes

Rotary Club

- Have confirmed their commitment to support as required
- May assist in the form of running the BBQ, etc

Liz Bastian – The Big Fix – Pluroversity

- Has confirmed her support and assistance in any way required
- Supporting as guest speaker on Open Day

Advertising

- The Village Voice – 2LT – Lithgow Mercury –
- We have previous contact and ongoing support with these outlets to provide advertising options through their free community promotion sections

Community Support Grants

- we hope to access different grant options to support our progress, such as -
– Family First Credit Union – Community Mental Health Wellbeing grants –

How can Lithgow Council help us –

Additional advertising/promotional options,

- In the form of household letter drops, and social media options.
- This must be highlighted as a priority format to connect with those needing our support and assistance

Additional set-up costs

- Provisions required to set up the Open Day
- Costs for refreshments and a few activities (tbc)
- Allocation of approx \$500.00

PCYC membership fees (\$20 per adult/\$10 per child),

- By supporting prospective participants who may be struggling with initial cost.
- This may entail an arrangement with council/PCYC to cover costs to those participants fitting the criteria of needing support

Bus driver's Licence fees

- We have discussed the need for provisions to access a bus to transport prospective participants without transport access, thus also needing a driver,
- while we have a volunteer to do this, they will need to upgrade their licence to do so, and therefore need to provide payment for the costs required.
- Costs outlays tbc